ITEM 6:
Reducing the Burden of Non-Communicable Diseases in CARICOM
Introduction

On 9th September 2007 CARICOM Heads of Government at the first in the World Summit on NCDs adopted the Port of Spain Declaration on Non-Communicable Diseases “Uniting to stop NCDs”;

That fifteen point Declaration contained 27 commitments of what the leaders would pursue to reduce the impact of NCDs in CARICOM;

The proclamation of this declaration and subsequent advocacy at Summit of the Americas and CHOGM lead to the UNHLM in 2011 and its political Declaration.
Death rates from NCDs in selected countries 2008 (per 100,000/yr age adjusted)
Percentage of total NCD deaths <60 yrs (2008)
Regional Priorities 2012

- Further definition of targets and strengthening surveillance at country level.

- Country level **NCD Plans** developed and operationalized.

- Multi sectoral involvement in the NCD agenda at country and regional level.
Surveillance to priorities

- Policy priorities, programming and budget to align with surveillance, WHO Best Buys
  - Explicitly rank priority interventions

- Reconvene annual NCD Meetings
  - Modelled on annual Immunization meetings
  - Held in 2010 and 2011
Multi-sectoral involvement: Between Health NGOs

- **Civil society as vital partners, especially health NGOs:**
  - Cancer societies, Heart and Stroke, Diabetes, Asthma

- **Leadership to foster networking and collaboration to increase their impact**
  - E.g. Healthy Caribbean Coalition (HCC)
  - Increase their input in Advocacy, health planning, Surveillance, monitoring and evaluation
Multi-sectoral involvement: Private Sector

- Promote national level “IFBA” – International Food and Beverage Alliance – Bottling Companies promoting exercise programs in schools
- Share best practices
  - E.g. reducing salt in bread, **without** labelling “low salt”. Being pursued in specific Member States - Barbados
Multi-sectoral involvement: Public, Private, Civil Society

- **Region-wide Caribbean Partners Forum**

- **Inter-sectoral Commissions**
  - Larger countries: NCD Commissions
    - Share Best Practices.
    - Barbados NCD Commission oldest and strongest
  - Smaller countries
    - Merge Health Commissions e.g. HIV and NCD
The Built Environment

- Engage Town Planners and Planning regulations to facilitate physical activity
  - Traffic calming, separation of motorized traffic from bicycles and pedestrians, pavements and sidewalks, dedicated recreation spaces

- Enhance and promote public transportation
  - Increases physical activity
  - Reduces green house gases

- Advocate multi-purposing
  - Blocked streets on Sundays to promote biking, walking etc e.g. Diego Martin, T&T
The Built Environment

Barbados Boardwalk: built for erosion control, used for physical activity
Nassau permanent blocked streets: pedestrian mall
The Built Environment

Diego Martin “Streets for Wellness”
Aerobics Instructor takes us through our paces
The youth taking advantage of the blocked roads as “streets for wellness”
Multi-sectoral involvement: Between Govt. agencies

- Other Ministries not evaluated on health / risk factor outcomes
  - Incentive: 1% budget for multi-agency programmes

- Identification, model legislation / regulations to change current Government policies that are increasing NCD risk
Caribbean Regional Organisation for Standards and Quality (CROSQ) has produced a model standard for labeling tobacco products. Implementation is now being pursued at the national level.

CROSQ is also pursuing model policies and legislation for labeling packaged food products.
All CARICOM Members with the exception of Haiti are now signatories to the WHO FCTC;

3 Member States now have New Legislation on Tobacco control – Barbados, Surinam and Trinidad and Tobago

Jamaica has amended its Public Health Act to accommodate Smoking Prevention – Public places restrictions and all aspects of tobacco use among minors
The Council of Human and Social Development (Health Ministers) at its 19th Special meeting approve a comprehensive policy to reduce Childhood Obesity.

Principal Goals:

1. Prevention
2. Management and Control
3. Strengthening Systems to support actions;
4. Strategic Information

- School feeding policy manual adopted
Caribbean Wellness Day/Week

- Since 2007 celebrated in the second week of September across CARICOM. Has incorporated other States

- Bottom up programming
  - E.g. Chef competitions for children to choose winners of delicious, healthy foods
  - Boardwalks in Barbados – town planners
  - Sunday Streets for Wellness in Trinidad
Secondary Prevention

- Implementation of Chronic Care Model with passports
- Improved access to NCDs medication – Financing mechanisms tried in two MS
- Model protocol developed for management of Hypertension and Diabetes
- Implementation of HPV vaccination in more selected MS Guyana, Trinidad and Tobago e.g.
Ensuring that the Political Leadership has an astute understanding of its Global responsibility and its national responsibilities – Democratic traditions a hiccup to policy continuity

Making National Commissions more effective for effecting the whole of Government and society shifts required;

Creating the fiscal space and regulatory frameworks necessary for policy implementation
Monitoring and Evaluation

- Annual Reporting to Chief Medical Officers
- A single meeting of national level NCD coordinators, civil society and international partners 2012
- Yearly Presentation to Ministers of Health in September on Regional Progress;
- Lead Head of Government on Health briefed at least once yearly on progress towards;
| NCD Progress Indicator | ANG | AUT | BEL | BGR | CRO | DEU | ESP | FIN | FRA | GBR | HUN | IRL | ITA | LVA | LTU | NLD | POL | POR | ROU | SWE | TUR | TCI |
|------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| **COMMITMENT**         |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 1.14 NCD Plan          | ±   | ±   | √   | √   | ±   | √   | √   | ×   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | X   |
| 4 NCD budget           | X   | √   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 2 NCD Summit convened  | X   | √   | √   | √   | ±   | √   | √   | X   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | X   |
| 2 Multi-sectoral NCD Commission appointed and functional | ±   | √   | √   | √   | ±   | √   | √   | X   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | X   |
| **TOBACCO**            |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 3 FCTC ratified        |   * | √   | ×   | ×   | ±   | √   | √   | X   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | √   | ±   | X   |
| 3 Tobacco taxes >50% sale price | X   | X   | ±   | X   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   |
| 3 Smoke Free indoor public places | X   | X   | ±   | X   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   |
| 3 Advertising, promotion & sponsorship bans | X   | X   | ±   | X   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   | ±   | X   |
| **NUTRITION**          |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 7 Multi-sectoral Food & Nutrition plan implemented | √   | √   | √   | √   | ±   | √   | √   | X   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | ±   | ±   |
| 7 Trans fat free food supply | X   | X   | X   | X   | ±   | X   | X   | X   | ±   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 7 Policy & standards promoting healthy eating in schools implemented | ±   | X   | X   | X   | X   | √   | √   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 8 Trade agreements utilized to meet national food security & health goals | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 9 Mandatory labeling of packaged foods for nutrition content | X   | X   | X   | X   | ±   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| **PHYSICAL ACTIVITY**  |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 6 Mandatory PA in all grades in schools | √   | √   | √   | √   | ±   | √   | √   | X   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | √   | ±   | ±   |
| 10 Mandatory provision for PA in new housing developments | X   | √   | √   | √   | ∓   | √   | √   | ±   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ±   | ±   |
| 10 Ongoing, mass Physical Activity or New public PA spaces | X   | √   | √   | √   | ∓   | √   | √   | ±   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ∓   | √   | ±   | ±   |
| **EDUCATION / PROMOTION** |   |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 12 NCD Communications plan | X   | X   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   |
| 15 CWD multi-sectoral, multi-focal celebrations | X   | X   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   |
| 10 ≥50% of public and private institutions with physical activity and healthy eating programmes | X   | X   | X   | X   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   |
| 12 ≥30 days media broadcasts on NCD control/yr (risk factors and treatment) | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| **SURVEILLANCE**       |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 11, 13 Surveillance: - STEPS or equivalent survey | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 13, 14 Minimum Data Set reporting | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 14 Global Youth Tobacco Survey | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| 14 Global School Health Survey | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   | X   |
| **TREATMENT**          |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
| 5 Chronic Care Model / NCD treatment protocols in ≥50% PHC facilities | X   | X   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   |
| 5 QOC CVD or diabetes demonstration project | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   | ±   |
End

Thank you